



Hieroglyphics: the NSU University School Literary Magazine

Volume 9 *Elegy*

Article 56

5-1-2002

Juggling

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Recommended Citation

Saltzman, Stephanie (2002) "Juggling," *Hieroglyphics: the NSU University School Literary Magazine*: Vol. 9, Article 56.
Available at: http://nsuworks.nova.edu/uschool_litmag/vol9/iss1/56

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Juggling

Stephanie Saltzman

Pick-up the pace; you're going too slow
In this rushed world we run to and fro
But we must look to those who have harmony
and grace

Their world is like a juggling act that they
embrace

They throw glass balls into the air
Ones that can't easily be repaired
Representing work, family, friends, and spirit
The juggler is careful not to drop them
For they can chip or shatter into pieces
Yet the juggling act continues and never
ceases.

Follow the examples set by those who are
skillful

Amid the rocks and boulders of life
And realize that life is a journey over a
rugged path

And through it all your juggling of balls must
last

Keep them close

For they can be a source of strength and pride
And never cast them aside

Work, family, friends, and spirit